



## Almond Raspberry Smoothie

You could file this under healthy, but we just like to call it good! Filled with all kinds of antioxidants, vitamins and omega3 goodness blended into a smooth cool breakfast or pick me up drink!

### Ingredients

1 package (6 oz.) fresh raspberries, about 1 generous cup  
½ cup Fisher® Whole Almonds  
2 tablespoons sugar free seedless raspberry jam  
1 tablespoon honey  
a few dash almond extract

1 cup unsweetened almond milk  
1 cup ice cubes

In a blender, purée the raspberries, almonds, jam, and honey until smooth, stopping to rearrange the ingredients for better blending as needed. Measure the almond milk in a 2-cup measuring cup, adding ice until the total equals 2 cups. Add the almond extract. Pour into blender and blend until the mixture is smooth. Garnish with additional raspberries and sliced almonds, if desired. Enjoy!