



Mock Chicken Walnut and Grape Salad

This Mock Chicken Salad with Grapes Recipe makes a quick, delicious meal! It also has roasted nuts for the best chicken salad recipe and makes a great chicken salad sandwich too!

Who doesn't love chicken salad? It's a quintessential summer side. We decided to mix it up and make this without the chicken but with all of the flavors!

Ingredients

4 cups cooked, chopped tempeh (seasoned with a light soy then drained)

1 cup chopped celery

1 cup red seedless grapes halved

1/2 cup dried cherries

1/2 cup roasted pecans chopped

1 cup mayonnaise or Greek Yogurt

1/2 teaspoon salt

1/2 teaspoon ground black pepper

celery leaves chopped (optional)

Instructions

Add chopped tempeh to a large bowl along with celery, grapes, dried cherries, chopped pecans, mayonnaise, salt and pepper. If using chopped celery leaves, add these as well. Stir together until just combined.

We really liked this served over mixed greens, but it also makes a wonderful stuffed pita sandwich!