



Walnut, kale and apple salad  
There's so much to love about apples. With halved red grapes, thinly sliced white onions, walnuts and Dijon mustard vinaigrette, this kale apple salad has something more than greens in every bite.

#### INGREDIENTS

2 bunches kale  
4 Pink Lady Apples, cored and thinly sliced  
1 cup halved red grapes  
1/4 cup chopped toasted walnuts  
1 shallot thinly sliced  
1 tablespoon minced chives  
1/4 cup olive oil  
2 tablespoons champagne vinegar  
1 teaspoon Dijon mustard  
1 teaspoon kosher salt  
1/2 teaspoon black pepper

#### INSTRUCTIONS

Remove the ribs from the kale and finely chop the leaves. Place them in a large bowl with the apples, grapes, walnuts, Manchego and chives  
For the vinaigrette, whisk together the olive oil, champagne vinegar, mustard, shallots, salt and pepper in a small bowl.  
Toss the vinaigrette in the salad before serving.